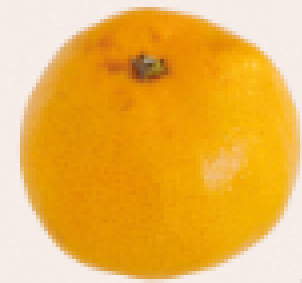


# Frukost



Frukter



Fruktmos



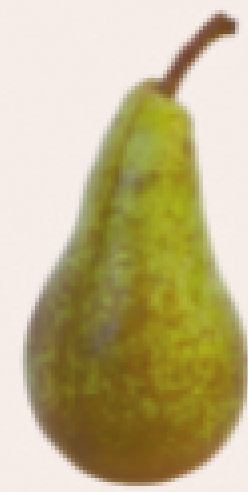
Krä



Torkad frukter



Havre och sojayoghurt



Grönsaker



Nötsmör



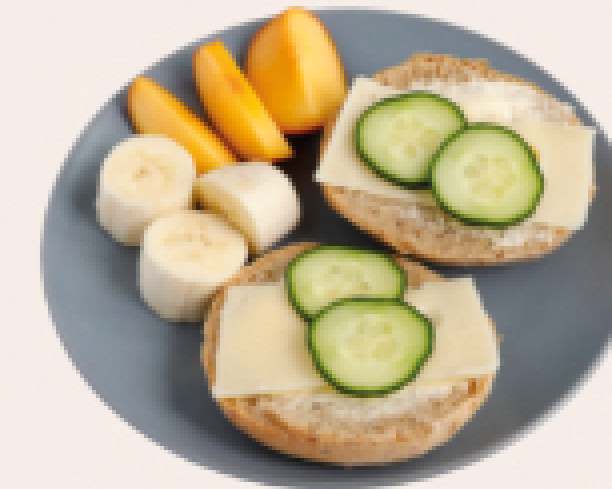
Kvarg



Mjöl



Smoothie



Bröd



Flingor



Nötter



Mellanmålskex



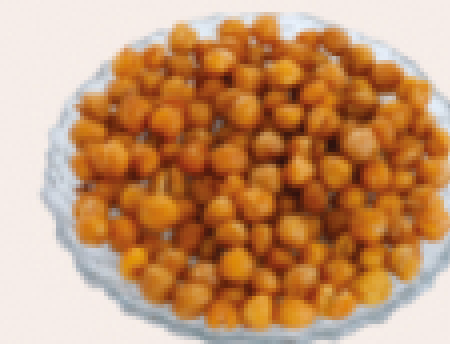
Gröt



Hummus



Karelsk pirog



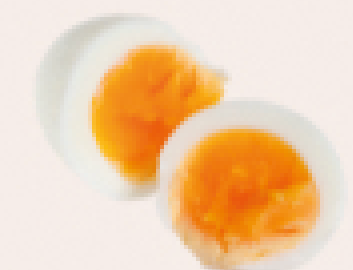
Bönor och linser



Kyckling, kött och fisk



Omelett



Kokt ägg