



Name _____

Date _____

The screen (phone, tv, tablet, computer) I use most is...

The biggest screen user in our family is...

What our family watches or plays together is...

What I like to do as much as playing games is...

Our family's agreement about screen time is...

It's easier to stop playing when...

Where our family keeps our phones at night is...

What I watch most/the game I play most right now is...



Things I like to do
with my friends...

